

## Grace Discipleship Institute (GDI) Course 2026

### SYNOPSIS

<b>Course Name</b>	<b>EQUIPPED TO CARE</b> <i>(Formerly Basic Counselling In Pastoral Care)</i>		
<b>Date / Day / Time</b>	18 & 25 April   Saturday   9.30am – 12.30pm		
<b>Growth (KWRSS)</b>	Serve-Relate   Growing in Christ > Close to Christ		
<b>Course Objective</b>	To equip Gracians with basic counselling skills and faith-based counselling framework for providing pastoral care for those in need.		
<b>Target Audience</b>	Grace Group Leaders, Helping Ministries Servers, Disciplemakers, Alpha Facilitators and Church congregation		
<b>Synopsis</b>	<p>Those involved in people helping ministries will learn:</p> <ul style="list-style-type: none"> <li>• understanding the goal of people helping</li> <li>• using active listening and attending skills</li> <li>• practicing self-care</li> <li>• observing healthy boundaries</li> <li>• assessing the condition of person in need</li> <li>• making referrals</li> <li>• partnering pastors and counselors</li> </ul>		
<b>Speaker (if any)</b>	Ps Benjamin Wong & team of church counsellors		
<b>Format</b>	-		
<b>Venue</b>	Onsite at Grace@Tanglin	<b>Cost</b>	FOC
<b>Remarks</b>	All sessions are compulsory		