



Grace Discipleship Institute (GDI) Course 2026

SYNOPSIS

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| Course Name | EQUIPPED TO CARE (Formerly Basic Counselling In Pastoral Care) | | |
| Date / Day / Time | 18 & 25 April Saturday 9.30am – 12.30pm | | |
| Growth (KWRSS) | Serve-Relate Growing in Christ > Close to Christ | | |
| Course Objective | To equip Gracians with basic counselling skills and faith-based counselling framework for providing pastoral care for those in need. | | |
| Target Audience | Grace Group Leaders, Helping Ministries Servers, Disciplemakers, Alpha Facilitators and Church congregation | | |
| Synopsis | Those involved in people helping ministries will learn: <ul style="list-style-type: none">• understanding the goal of people helping• using active listening and attending skills• practicing self-care• observing healthy boundaries• assessing the condition of person in need• making referrals• partnering pastors and counselors | | |
| Speaker (if any) | Ps Benjamin Wong & team of church counsellors | | |
| Format | - | | |
| Venue | Onsite at Grace@Tanglin | Cost | FOC |
| Remarks | All sessions are compulsory | | |